

Rialto Unified School District

Aug 11, 2025 thru Aug 15, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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Generated on: 8/12/2025 8:54:03 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/11/2025																
High School Lunch	Total	3199														
HOT DOG-BEEF W/WHEAT BUN	SERVING	800	388	40	984	3.00	2.87	80.0	25	0.0	5	14.94	32.97	22.84	8.93	0.00
Chicken, Teriyaki and Rice '24	BOX(2M MA/2G)	500	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken, Orange Sec '24	BOX(2M MA/2G)	500	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
PIZZA, DOMINOS 14" WGPep, slice '24	serving	500	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	700	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	700	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
SALAD, CHEF, '24	SALAD	422	435	139	753	2.50	1.83	183.6	1155	6.15	*7	20.34	33.38	25.11	5.97	*0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	500	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BERRY BERRY BLUE '23	container s, 4oz	500	80	0	0	0.00	0.00	0.0	75	90.0	15	0.0	19.0	0.0	0.00	0.00
SLUSH, PARADISE PUNCH '23	container s, 4oz	500	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	*3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES, Fresh PKG '23	serv.(1/2 cup)	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/ 2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Aug 11, 2025 thru Aug 15, 2025

High School Lunch

Generated on: 8/12/2025 8:54:03 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/11/2025																
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			767	67	1189	1411.5	3.75	494.0	6479	42.30	*44	33.22	114.25	19.97	5.86	*0.00
% of Calories											*22.7%	17.3%	59.6%	23.4%	6.9%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Tue - 08/12/2025																
High School Lunch	Total	3199														
ChickenFajitasW/CheeseBOWL'25	BOWL	600	574	*128	1063	5.25	3.79	280.3	*608	27.95	*1	32.86	46.8	30.53	7.62	*0.00
Chicken, Teriyaki and Rice '24	BOX	400	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken,Orange Sec-'24	BOX	500	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
BUZZBURGER	Burger(2 MMA,2G)	600	279	48	310	3.00	3.15	84.4	15	0.0	*3	20.93	29.0	9.7	3.03	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	522	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
YOGURT PARFAIT.W/ GRANO LA 2023	serving	900	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
spicy chicken/tapatío salad	1 EACH	422	424	26	684	5.24	4.38	67.1	1512	11.72	*10	15.4	42.32	23.27	4.22	*0.01
CHIPS,NACHO RF DORITOS.2025	1 each	600	130	0	220	1.00	0.36	20.0	0	0.0	0	2.0	19.0	5.0	1.00	0.00
CHIPS,RF Doritos flamas, 2017	1 each	500	130	0	200	2.00	0.00	28.0	5	0.0	1	2.0	20.0	5.0	0.50	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	300	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	550	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	300	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	500	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

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Portion Values - Detailed

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Aug 11, 2025 thru Aug 15, 2025

High School Lunch

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			768	*70	1146	1412.2	4.14	514.0	*6277	35.92	*39 *20.1%	35.68 18.6%	111.14 57.9%	21.01 24.6%	4.77 5.6%	*0.01 *0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Wed - 08/13/2025																
High School Lunch	Total	3199														
Wings & Mac Mango Habanero '25	SERVING	500	654	125	1370	1.86	2.20	560.0	1650	0.61	*15	38.67	61.57	27.81	11.17	*0.00
Chicken, Teriyaki and Rice '24	BOX	500	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken, Orange Sec '24	BOX	500	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
PIZZA, DOMINOS 14" WGPep, slic e'24	serving	600	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	522	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
Salad, Honey Bee Cowboy Fiesta	1 each	522	816	41	977	12.77	5.80	361.9	1946	33.07	*8	17.71	73.1	53.38	12.47	*0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	600	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES, Fresh PKG '23	serving	465	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	500	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	EACH (1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/ 2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	1122.2	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			794	64	1220	1413.5	3.89	582.1	6729	31.48	*39 *19.8%	34.93 17.6%	112.92 56.9%	23.07 26.1%	6.48 7.3%	*0.00 *0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Base Menu Spreadsheet

Portion Values - Detailed

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Aug 11, 2025 thru Aug 15, 2025

High School Lunch

Generated on: 8/12/2025 8:54:04 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 08/14/2025																
High School Lunch	Total	3199														
TACO Walkin,TURKEY, '25	Serving(3 .2 oz)	400	435	44	776	2.00	0.40	293.2	77	0.0	4	25.79	31.53	24.17	3.83	0.00
Chicken, Teriyaki and Rice '24	BOX	600	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken,Orange Sec-'24	BOX	600	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
BUZZBURGER	Burger(2 MMA,2G)	800	279	48	310	3.00	3.15	84.4	15	0.0	*3	20.93	29.0	9.7	3.03	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	522	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	900	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
Grinder, turkey&cheese-El-'24	1 EACH	900	367	78	1049	3.00	2.45	248.1	175	0.0	3	34.54	32.68	12.7	3.97	0.16
CHIPS,NACHO RF DORITOS.2025	1 each	400	130	0	220	1.00	0.36	20.0	0	0.0	0	2.0	19.0	5.0	1.00	0.00
CHIPS,RF Doritos flamas, 2017	1 each	400	130	0	200	2.00	0.00	28.0	5	0.0	1	2.0	20.0	5.0	0.50	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 plnt)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 plnt)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			791	80	1293	1411.5	3.87	560.2	6463	28.81	*38	43.32	112.97	19.40	4.56	*0.05
% of Calories											*19.4%	21.9%	57.1%	22.1%	5.2%	*0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 6

Aug 11, 2025 thru Aug 15, 2025

High School Lunch

Generated on: 8/12/2025 8:54:04 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 08/15/2025																
High School Lunch	Total	3199														
Tamale,2Cheese&GreenChile '24	each-5.10 oz	400	345	36	711	2.56	0.87	418.6	458	2.45	2	15.95	29.66	18.01	9.47	0.00
Chicken, Teriyaki and Rice '24	BOX	600	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken,Orange Sec-'24	BOX	600	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	522	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	622	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
Salad, QB Island Mac '25	1 each	622	522	44	688	4.92	3.26	66.9	2967	7.83	*6	20.42	58.13	25.79	4.16	*0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BERRY BERRY BLUE '23	container s, 4oz	700	80	0	0	0.00	0.00	0.0	75	90.0	15	0.0	19.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2997	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			786	61	1074	1410.9	3.16	648.9	7510	47.00	*53	35.15	121.17	17.84	5.06	*0.01
% of Calories											*26.8%	17.9%	61.7%	20.4%	5.8%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Aug 11, 2025 thru Aug 15, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 7

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			781	*68	1184	1411.9	3.76	559.8	*6692	37.10	*43 *49.0%	36.46 18.7%	114.49 58.6%	20.26 23.3%	5.34 6.2%	*0.01 *0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	781		750 - 850	100%				
Cholesterol (mg)	68				Missing			
Sodium 1 (mg)	1184		1420	83%				
Sodium 1a (mg)	1184		1280	93%				
Fiber (g)	1411.98							
Iron (mg)	3.76							
Calcium (mg)	559.8							
Vitamin A (IU)	6692				Missing			
Sugars (g)	43	21.76%			Missing			
Vitamin C (mg)	37.10							
Protein (g)	36.46	18.67%						
Carbohydrate (g)	114.49	58.62%						
Total Fat (g)	20.26	23.34%	<=30.00%					
Saturated Fat (g)	5.34	6.16%	<10.00%					
Trans Fat ¹ (g)	0.01	0.02%			Missing			

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Rialto Unified School District

Aug 18, 2025 thru Aug 22, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 2

Generated on: 8/12/2025 8:57:16 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/18/2025																
High School Lunch	Total	3199														
CHILI VERDEFRIES w/cheese-2	SERVING,	500	476	118	1119	2.61	2.25	120.5	129	13.95	*1	40.82	33.04	20.07	6.07	*0.00
018																
Rolls, dinner,wht GalassosSEC	1 each	500	80	0	149	1.00	1.00	47.8	10	0.0	2	2.99	15.94	1.0	0.00	0.00
Chicken, Teriyaki and Rice '24	BOX(2M	500	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
	MA/2G)															
Chicken,Orange Sec-'24	BOX(2M	500	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
	MA/2G)															
PIZZA,DOMINOS14"WGPep,slic	serving	500	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
e'24																
Spicy Chicken Sandwich WG-2013	Sand(2M	522	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
	MA/3G)															
YOGURT PARFAIT W/ GRANO	serving	800	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
LA 2023																
SALAD,CHEF, '24	SALAD	422	435	139	753	2.50	1.83	183.6	1155	6.15	*7	20.34	33.38	25.11	5.97	*0.00
SLUSH, KIWI STRAWBERRY '23	container	500	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
	s, 4oz															
SLUSH, BERRY BERRY BLUE '23	container	500	80	0	0	0.00	0.00	0.0	75	90.0	15	0.0	19.0	0.0	0.00	0.00
	s, 4oz															
SLUSH, PARADISE PUNCH '23	container	500	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
	s, 4oz															
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serv.(1/2	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
	cup)															
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	Serv (1/2	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
	Cup)															
MILK,1% DW 2024	EACH(1/2	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
	pint)															
MILK,NF Chocolate DW 2024	EACH (1/	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
	2 pint)															
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00

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Rialto Unified School District

Aug 18, 2025 thru Aug 22, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 3

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/18/2025																
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			751	75	1114	1411.2	3.39	508.4	6508	46.00	*43	35.67	113.96	16.98	4.49	*0.00
% of Calories											*22.9%	19.0%	60.7%	20.3%	5.4%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Aug 18, 2025 thru Aug 22, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 4

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 08/19/2025																
High School Lunch	Total	3199														
Penne, Alfredo, Chx & Broc '24	1 Cup	600	411	65	977	10.13	2.66	323.0	691	22.74	7	24.14	43.48	14.73	6.45	0.09
Chicken, Teriyaki and Rice '24	BOX	400	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken, Orange Sec-'24	BOX	500	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
BUZZBURGER	Burger(2 MMA,2G)	800	279	48	310	3.00	3.15	84.4	15	0.0	*3	20.93	29.0	9.7	3.03	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	800	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
spicy chicken/tapatío salad	1 EACH	422	424	26	684	5.24	4.38	67.1	1512	11.72	*10	15.4	42.32	23.27	4.22	*0.01
CHIPS,NACHO RF DORITOS.2025	1 each	600	130	0	220	1.00	0.36	20.0	0	0.0	0	2.0	19.0	5.0	1.00	0.00
CHIPS,Cool Ranch 2017	1 each	600	130	0	160	2.00	0.36	40.0	5	0.0	1	2.0	19.0	5.0	1.00	0.00
CHIPS,RF Doritos flamas, 2017	1 each	500	130	0	200	2.00	0.00	28.0	5	0.0	1	2.0	20.0	5.0	0.50	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	300	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	550	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	300	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	500	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			755	62	1203	1413.6	4.29	490.4	6242	29.19	*39	35.75	109.33	19.92	4.91	*0.02
% of Calories											*20.5%	18.9%	57.9%	23.8%	5.9%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 5

Aug 18, 2025 thru Aug 22, 2025

High School Lunch

Generated on: 8/12/2025 8:57:16 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 08/20/2025																
High School Lunch	Total	3199														
Pupusa,Birria,rice&bean bowl	1 each	500	456	20	1051	6.53	3.07	292.7	3665	23.52	*4	17.26	67.77	14.06	3.03	*0.00
Chicken, Teriyaki and Rice '24	BOX	500	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken,Orange Sec-'24	BOX	500	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
PIZZA,DOMINOS14"WGPeP,slic e'24	serving	600	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	522	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
Salad, Honey Bee Cowboy Fiesta	1 each	522	816	41	977	12.77	5.80	361.9	1946	33.07	*8	17.71	73.1	53.38	12.47	*0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	600	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	465	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	500	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			763	47	1170	1414.2	4.03	540.3	7044	35.06	*38	31.59	113.89	20.92	5.21	*0.00
% of Calories											*19.7%	16.6%	59.7%	24.7%	6.1%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 6

Aug 18, 2025 thru Aug 22, 2025

High School Lunch

Generated on: 8/12/2025 8:57:16 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 08/21/2025																
High School Lunch	Total	3199														
ENCHILADA, GREEN CHICKEN	6.25 OUN	400	421	52	1039	6.08	3.08	213.0	284	8.89	*3	20.86	55.71	13.71	3.50	*0.00
-2012	CE															
Chicken, Teriyaki and Rice '24	BOX	600	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken, Orange Sec-'24	BOX	600	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
BUZZBURGER	Burger(2 MMA,2G)	900	279	48	310	3.00	3.15	84.4	15	0.0	*3	20.93	29.0	9.7	3.03	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	522	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
YOGURT PARFAIT W/ GRANO	serving	900	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
LA 2023																
Grinder, turkey&cheese-El-'24	1 EACH	600	367	78	1049	3.00	2.45	248.1	175	0.0	3	34.54	32.68	12.7	3.97	0.16
CHIPS,DORITO,RFCOOLRANC	BAG 1OZ	400	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
H 1oz																
CHIPS,NACHO RF DORITOS.2025	1 each	400	130	0	220	1.00	0.36	20.0	0	0.0	0	2.0	19.0	5.0	1.00	0.00
CHIPS,RF Doritos flamas, 2017	1 each	400	130	0	200	2.00	0.00	28.0	5	0.0	1	2.0	20.0	5.0	0.50	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			764	75	1237	1411.8	4.08	529.6	6473	29.92	*38	40.12	113.84	17.21	4.24	*0.04
% of Calories											*20.0%	21.0%	59.6%	20.3%	5.0%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 7

Aug 18, 2025 thru Aug 22, 2025

High School Lunch

Generated on: 8/12/2025 8:57:16 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 08/22/2025																
High School Lunch	Total	3199														
NACHOS,Queso Blanco '23	1 EACH	400	462	42	521	6.10	3.70	385.6	201	0.0	*0	13.96	40.22	26.08	10.08	0.00
Chicken, Teriyaki and Rice '24	BOX	600	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken,Orange Sec-'24	BOX	600	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
Sply Chicken Sandwich WG-2013	1 EACH	522	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	622	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
Salad, QB Island Mac '25	1 each	622	522	44	688	4.92	3.26	66.9	2967	7.83	*6	20.42	58.13	25.79	4.16	*0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BERRY BERRY BLUE '23	container s, 4oz	700	80	0	0	0.00	0.00	0.0	75	90.0	15	0.0	19.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2997	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			800	61	1050	1411.4	3.52	644.8	7478	46.69	*53	34.91	122.49	18.85	5.13	*0.01
% of Calories											*26.3%	17.4%	61.2%	21.2%	5.8%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Aug 18, 2025 thru Aug 22, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 8

Generated on: 8/12/2025 8:57:16 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			767	64	1155	1412.4	3.86	542.7	6749	37.38	*42 *49.3%	35.61 18.6%	114.70 59.8%	18.78 22.0%	4.80 5.6%	*0.01 *0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	767		750 - 850	100%				
Cholesterol (mg)	64							
Sodium 1 (mg)	1155		1420	81%				
Sodium 1a (mg)	1155		1280	90%				
Fiber (g)	1412.49							
Iron (mg)	3.86							
Calcium (mg)	542.7							
Vitamin A (IU)	6749							
Sugars (g)	42	21.90%			Missing			
Vitamin C (mg)	37.38							
Protein (g)	35.61	18.58%						
Carbohydrate (g)	114.70	59.85%						
Total Fat (g)	18.78	22.04%	<=30.00%					
Saturated Fat (g)	4.80	5.63%	<10.00%					
Trans Fat ¹ (g)	0.01	0.02%			Missing			

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Rialto Unified School District

Aug 25, 2025 thru Aug 29, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 2

Generated on: 8/12/2025 8:57:36 AM

	Portion Size	Relmb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcmm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/25/2025																
High School Lunch	Total	3199														
Shawarma, Rice Bowl '25	Serving	500	587	*66	596	6.24	3.12	80.3	102	0.7	*4	33.98	71.94	17.49	5.22	*0.00
Chicken, Teriyaki and Rice '24	BOX(2M MA/2G)	500	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken, Orange Sec-'24	BOX(2M MA/2G)	500	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
PIZZA, DOMINOS 14" WG Pep, slice '24	serving	500	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	522	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	800	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
SALAD, CHEF, '24	SALAD	422	435	139	753	2.50	1.83	183.6	1155	6.15	*7	20.34	33.38	25.11	5.97	*0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	500	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BERRY BERRY BLUE '23	container s, 4oz	500	80	0	0	0.00	0.00	0.0	75	90.0	15	0.0	19.0	0.0	0.00	0.00
SLUSH, PARADISE PUNCH '23	container s, 4oz	500	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES, Fresh PKG '23	serv.(1/2 cup)	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	EACH (1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/ 2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 3

Aug 25, 2025 thru Aug 29, 2025

High School Lunch

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/25/2025																
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			756	*67	1009	1411.6	3.37	494.7	6502	43.93	*43	34.13	117.55	16.42	4.36	*0.00
% of Calories											*22.8%	18.1%	62.2%	19.5%	5.2%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Aug 25, 2025 thru Aug 29, 2025

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 4

Generated on: 8/12/2025 8:57:36 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 08/26/2025																
High School Lunch	Total	3199														
TINGA CHEESY NACHOS '25	Serving	600	630	113	951	3.79	2.04	586.4	934	7.65	*1	44.98	35.28	33.39	10.75	*0.00
Chicken, Teriyaki and Rice '24	BOX	400	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken, Orange Sec-'24	BOX	500	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
BUZZBURGER	Burger(2 MMA,2G)	500	279	48	310	3.00	3.15	84.4	15	0.0	*3	20.93	29.0	9.7	3.03	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	522	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	800	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
spicy chicken/tapatío salad	1 EACH	422	424	26	684	5.24	4.38	67.1	1512	11.72	*10	15.4	42.32	23.27	4.22	*0.01
CHIPS,NACHO RF DORITOS.2025	1 each	600	130	0	220	1.00	0.36	20.0	0	0.0	0	2.0	19.0	5.0	1.00	0.00
CHIPS,DORITO,RF COOL RANC H 1oz	BAG 1OZ	600	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CHIPS,RF Doritos flamas, 2017	1 each	500	130	0	200	2.00	0.00	28.0	5	0.0	1	2.0	20.0	5.0	0.50	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	300	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	550	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	300	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	500	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			755	66	1107	1411.7	3.65	554.5	6323	30.59	*38	36.85	105.33	20.98	5.20	*0.01
% of Calories											*20.1%	19.5%	55.8%	25.0%	6.2%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Aug 25, 2025 thru Aug 29, 2025

High School Lunch

Generated on: 8/12/2025 8:57:36 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 08/27/2025																
High School Lunch	Total	3199														
Wings & Mac House BBQ Sauce'25	SERVING	500	683	125	1557	3.20	2.36	566.7	1780	4.82	*11	38.93	66.26	27.84	11.18	*0.00
Chicken, Teriyaki and Rice '24	BOX	500	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken, Orange Sec-'24	BOX	500	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
PIZZA, DOMINOS 14" WG Pep, slic e'24	serving	600	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
Sply Chicken Sandwich WG-2013	1 EACH	522	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
Salad, Honey Bee Cowboy Fiesta	1 each	522	816	41	977	12.77	5.80	361.9	1946	33.07	*8	17.71	73.1	53.38	12.47	*0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	600	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES, Fresh PKG '23	serving	465	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	500	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	EACH (1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/ 2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			799	64	1249	1413.7	3.92	583.1	6750	32.14	*39	34.97	113.66	23.08	6.48	*0.00
% of Calories											*19.3%	17.5%	56.9%	26.0%	7.3%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Aug 25, 2025 thru Aug 29, 2025

High School Lunch

Generated on: 8/12/2025 8:57:36 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 08/28/2025																
High School Lunch	Total	3199														
Pozole, Red Turkey	12.6 oz	400	485	48	1129	3.53	228.88	92.3	384	1.88	*1	22.5	52.75	21.08	6.02	*0.00
Chicken, Teriyaki and Rice '24	BOX	600	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken, Orange Sec-'24	BOX	600	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
BUZZBURGER	Burger(2 MMA,2G)	900	279	48	310	3.00	3.15	84.4	15	0.0	*3	20.93	29.0	9.7	3.03	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	522	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
YOGURT PARFAIT W/ GRANO	serving	900	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
LA 2023																
Grinder, turkey&cheese-El-'24	1 EACH	422	367	78	1049	3.00	2.45	248.1	175	0.0	3	34.54	32.68	12.7	3.97	0.16
CHIPS,DORITO,RF COOLRANC	BAG 1OZ	400	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
H 1oz																
CHIPS,NACHO RF DORITOS.2025	1 each	400	130	0	220	1.00	0.36	20.0	0	0.0	0	2.0	19.0	5.0	1.00	0.00
CHIPS,RF Doritos flamas, 2017	1 each	400	130	0	200	2.00	0.00	28.0	5	0.0	1	2.0	20.0	5.0	0.50	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			751	70	1190	1411.3	32.17	500.7	6476	29.04	*38	38.41	111.65	17.42	4.33	*0.03
% of Calories											*20.1%	20.4%	59.4%	20.9%	5.2%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Aug 25, 2025 thru Aug 29, 2025

High School Lunch

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 08/29/2025																
High School Lunch	Total	3199														
RAVIOLI, WG CHEESE-'24	Serving	400	339	77	856	4.36	3.86	321.1	908	13.06	*6	23.09	44.89	9.37	4.05	*0.00
BREAD, STICK	1 each	400	99	0	94	0.99	1.43	0.0	5	0.0	1	0.99	14.88	2.98	0.50	0.00
Chicken, Teriyaki and Rice '24	BOX	600	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken, Orange Sec-'24	BOX	600	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	522	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
YOGURT PARFAIT W/ GRANO	serving	622	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
LA 2023																
Salad, QB Island Mac '25	1 each	622	522	44	688	4.92	3.26	66.9	2967	7.83	*6	20.42	58.13	25.79	4.16	*0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BERRY BERRY BLUE '23	container s, 4oz	700	80	0	0	0.00	0.00	0.0	75	90.0	15	0.0	19.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES, Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	EACH (1/2 pint)	2997	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/ 2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			798	66	1103	1411.3	3.71	636.8	7567	48.33	*53	36.17	124.93	17.13	4.44	*0.01
% of Calories											*26.8%	18.1%	62.7%	19.3%	5.0%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Weighted Average			772	*66	1132	1411.9	9.36	553.9	6724	36.81	*42 *49.2%	36.11 18.7%	114.62 59.4%	19.01 22.2%	4.96 5.8%	*0.01 *0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	772		750 - 850	100%				
Cholesterol (mg)	66				Missing			
Sodium 1 (mg)	1132		1420	80%				
Sodium 1a (mg)	1132		1280	88%				
Fiber (g)	1411.97							
Iron (mg)	9.36							
Calcium (mg)	553.9							
Vitamin A (IU)	6724							
Sugars (g)	42	21.86%			Missing			
Vitamin C (mg)	36.81							
Protein (g)	36.11	18.72%						
Carbohydrate (g)	114.62	59.42%						
Total Fat (g)	19.01	22.17%	<=30.00%					
Saturated Fat (g)	4.96	5.79%	<10.00%					
Trans Fat ¹ (g)	0.01	0.01%			Missing			

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